



kozeen spas

Treatment Menu

KOZEEN SPAS

Kozeen Spas and Ariande Athens in perfect harmony

Kozeen Spa has joined forces with Ariadne Athens and beauty products, to offer you a series of signature treatments for face and body.

Ariadne Athens has earned its enviable reputation thanks to the brand's commitment to working in harmony with nature while respecting the earth's wonderful natural resources. Kozeen Spa and Ariadne Athens are therefore perfectly suited, as we value the powerful extracts, pure raw materials and innovation that this brand stands for.

These are incorporated in our signature massage techniques for a beautifully balanced, deep and lasting spa experience that benefits both body and mind.



Kozeen Spa Discovery Rituals

JET LAG RECOVERY

80 minutes | 120€

Escape travel exhaustion with a invigorating treatment that aims to revive and re-energize the body's natural biorhythms. Grounding and restoring natural flow when all feel out of sync, this energizing ritual relieves imbalances and revitalizes the nervous system. The intense mocha scrub leaves your skin silky soft, ready to receive the complementary benefits of the rejuvenating massage that follows, focusing on tired, swollen legs and a specialized head and face massage. Sensational citrus fruit aromas invigorate the mind, while the massage, enhanced with targeted stretching techniques, support the body against stress and fatigue. Finally, the cooling sensation of spearmint mingle with the refreshing notes of grapefruit to slowly stimulate the blood flow and offer ultimate comfort.

GRECIAN PRINCE & PRINCESS Hydrating and nourishing face & body treatment (Ideal for couples)

120 minutes | 160€ per person

Let us make you feel like a real Prince or Princess. Indulge in the genuine earthy notes of Greece, luxuriate in the benefits of rare herbs, relax in the velvet textures that cover your skin, as each and every step of this treatment imbue your senses in a world of opulence. The treatment includes an exfoliation with olive and roses, followed by the application of a rich body mask, containing a refreshing cocktail rich in organic honey, which contributes to the hydration, regeneration and tightening of the skin. The relaxing head to toe massage with warm pouches that complements the treatment with aromas of clary sage, honey and rosemary, literally endows an experience designed for royals.

Kozeen Spa Discovery Rituals

ONE MILLION NIGHTS-LUXURY VELVET SKIN BODY TREATMENT

90 minutes | 140€

A bundle of exotic flowers, in which Iris is the star, unfolds through this luxurious treatment. Let your body unwind while your senses travel in the most exotic garden, on a perfect summer night. One million body scrub gently exfoliates the skin, offering the softest feel, preparing the body for the exceptionally beneficial properties of our velvet, deeply nourishing "Serifos Precious Stones 24K Gold" Body Mask. The ritual continues with a specially designed massage technique, which combines Rose Quartz crystals on the face and a body massage using One million nights precious oil, followed by our luxurious body butter. This treatment aspires to offer your skin the most velvet feeling, with long lasting Iris flower aromas.

UNDER THE SUN After sun face & body treatment

45 minutes | 90€

After sun face & body treatment The ultimate after-sun care for your skin. This treatment embodies the refreshing properties of sea water drops and the calming benefits of acorn flour, combined to help restore skin's moisture. Inflammation and skin-irritation are minimized, offering a unique sense of relief after sun exposure. On one hand, Greek yogurt offers a healing and regenerating action and on the other, water lily combined with aloe helps improve overall skin's appearance. Gradually, your skin regains its own strength to fight external stressors, while the skin's natural moisture barrier becomes more resilient to maintaining its natural hydration levels. Feel your skin calm, soothed and moisturized with a naturally healthy appearance.



Kozeen Spa Discovery Rituals

NYMPH OF CORFU FACE & BODY TREATMENT

120 minutes | 160€

The absolute multi-vitamin treatment for your skin. The most proprietary antioxidants, vitamins and more, are blended in a unique treatment to offer your skin absolute nourishment. Feel your skin become stronger and healthier. A lush deliverance of Iris flowers and olive kernels indulge the skin in a soft body scrub, while the antioxidant nutritious masks for face, hair & body enhance their structure, restoring natural glow and elasticity. Rejuvenating face and body massage with orange oil seals all the benefits of this treatment, strengthening underlying tissue to offer the most resilient touch.



Kozeen Spa Greek Earth Signatures

Athina

75 minutes | €120

An exquisitely relaxing treatment. Our hammam welcomes you with a sea salt exfoliation, followed by milk – honey body mask. Revitalizing head and hair treatment, cleansing to a natural soap hot foam massage and completed to a milk cream hydration massage. A deeply relaxing, blissful blessing for your body, mind and soul.

Nostalgia

50 minutes | €85

This massage involves long and flowing strokes using changeable and connective movements of the lower arms, allowing relaxation of the joints and inducing a sense of deep relaxation. A feeling of care, touch, cocooning. For an experience of total relaxation this treatment uses a combination of rhythmic touch, scented warm oils.

Mastic

50 minutes | €85

A combination of various massage techniques with essential oils of the Mediterranean mastic, that rejuvenates, relaxes and tones all the tensed areas of your body. The seductive fragrance of the mastic transfers all the primeval energy of the Greek land.

Oleo Breeze

70 minutes | €110

Based on the centuries of old Greek tradition using olive oil, water and light massage therapy, this nourishing treatment starts with a herbal scrub made from local sea salt and olive oil to remove dead cells leaving the skin soft and rejuvenated. It concludes with a body massage using olive oil infused with essential oils tailored to individual needs. It has a detoxifying and thoroughly relaxing effect.

Melissia

50 minutes | €85

Heat and honey are good for the skin and support the body's energy balance. The Honey Concept combines the power of heat with activating and balancing massage techniques. The application of gentle heat promotes circulation and relaxes muscles, which in turn helps loosen stubborn knots during massage. An amazing multi-faceted treatment, the results of which include a special experience for the senses.



Facial Experiences

PHOS-LUMINOUS RADIANT LOOK

55 minutes | 85€

Inspired by the undeniable charm and glamour of the Greek islands, this glowing therapy promises a brighter, firmer and noticeably younger-looking skin. This facial, thanks to its valuable ingredients such as wheat proteins, clinically proven illuminating extract of rapeseed and vitamin C, targets signs of aging, evens skin tone and texture, and stimulates collagen production for a healthy, glowing complexion

MEN'S RADIANT BOOSTER FACIAL

55 minutes | 85€

Mykonos mask, containing white argile, promises a brighter, firmer and noticeably younger-looking skin. This facial, thanks to its valuable ingredients such as wheat proteins, clinically proven illuminating extract of rapeseed and vitamin C, targets signs of aging, evens skin tone and texture, and stimulates collagen production for a healthy, glowing complexion. The perfect facial for all skin types that every man will enjoy.

ZOE – ANTI-OXIDANT PROTECTION & ULTIMATE PREVENTION

Multivitamin energizing facial

55 minutes | 85€

Guide your skin to a journey full of the sparkling notes of Kumquat and fresh fruit that energize your skin. A facial mask, highly concentrated in antioxidants, formulated with a proprietary multi-vitamin complex, prevents your skin from signs of premature ageing, caused by sun exposure or any other environmental stressors, while rejuvenating dull looking skin. Instantly regain a nourished, glowing look while enjoying a healthy, radiant appearance.

Facial Experiences

MELI-VITAL HYDRATION AND NUTRITION

55 minutes | 85€

A highly rejuvenating and ultimately hydrating experience dedicated to the richness of local flavors and aromas, such as sage, honey and other nourishing elements that instantly restore your skin's hydration levels. Feel your skin soft and supple with an immediately healthy and radiant appearance. Allow yourself to experience the soothing effect of rosewater intertwining with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Soothing apricot oil envelops skin with anti-ageing benefits, while the final skincare routine ensures that the moisturizing aspects are maintained thereafter.

RHODON- LUXURY ANTI-AGEING FACE TREATMENT

75 minutes | 130€

Luxury anti-aging facial with crystals The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect. Specifically designed to target dullness, dryness, wrinkles and sagging, this treatment promises to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Serifos mask with a velvet feel, rich in Aquamarine and Moonstone extracts offers instant repair, elasticity and a fresh, renewed look. The mask that follows, rich in flavonoids and vitamin C, enhances microcirculation and protects the skin from free radicals. Rose Quartz Crystals contribute to the specially designed facial massage, focusing on minimizing fine lines and wrinkles, as the proprietary blend of evening primrose and Ylang-Ylang repairs and rejuvenates the skin, promoting an overall youthful appearance, with a visibly firmer, tighter and lifted look.

IRIDA-SPARKLING EYES Rejuvenating eye treatment

25 minutes | 50€

Visibly revived look. Reveal your most radiant and luminous eyes with this exclusively designed eye treatment complimented with the power of Gua Sha crystals. A mild enzymatic peel with unique Chios Mastic, brightens dull and dehydrated skin, while the revitalizing massage with nourishing Evening Primrose oil, offers a natural, healthy glow. The eyes ritual, consisting of an innovative, highly-concentrated eye gel complemented by a proprietary blackcurrant peel-off mask, brightens dark circles, reduces puffiness and minimizes fine lines and wrinkles. Eye area is visibly hydrated, brightened, renewed and recharged. Your most youthful-looking skin is revealed.

RADIANT FACE

25 minutes | 50€

Luminous, radiant skin with an instant infusion of intense hydration and multiple anti-ageing benefits. Thoroughly cleansing enzymatic peel gently removes dead skin cells from the surface, gradually revealing a silky-smooth appearance. Soft and delicate, naturally scented Wild Rose oil replenishes the skin through a deeply nourishing facial massage, delivering essential elements that promote skin's vitality and youthfulness, offering a vividly radiant look.

STARDUST GOLD LUXURY ANTI-AGEING BODY TREATMENT

75 minutes | 125€

Anti-aging body treatment with gemstones and 24K Gold elements. Sparkling Jasmine and Gardenia white petals gently exfoliate the skin, offering the softest feel, preparing the body for the exceptionally beneficial properties of our firming and deeply nourishing "Serifos Precious Stones 24K Gold" Body Mask. The mask's innovative formula combines 24 Carat leaves of Gold with precious gemstones, to lift, tone and rejuvenate the skin, instantly revealing a more youthful look. Followed by a specially designed massage technique, which combines unique warm Rose Quartz sand and lavishly moisturizing Starflower oil, this treatment aspires to offer your skin the most ultimate Anti-Ageing properties, while guiding your senses to a sublime journey of the spirit.

SUNLESS TAN TREATMENT

25 minutes | 50€

Get a natural tan for an amazing sun kissed look without sun exposure. A delicate scrub with coconut pulp leaves your skin silky soft, ready to receive the complementary benefits of the self-tanning mask that follows. It will dry on your skin in just a few minutes so you can dress straight after the treatment. Feel your skin baby soft, naturally looking tanned and thoroughly nourished.



Kozeen Spa Signature Massage

PHUSIS AROMA

55 minutes | 85€

Aromatic relaxing massage

Phusis-Greek nature has gifted us with natural elements such as herbs, seeds and spices that are rich in vitamins, antioxidants and soothing properties. A selection of oils featured by these herbs and seeds are designed to cover every individual need. Let us help you choose the ideal one for you and allow yourself to travel in the greek fields, on a summer's day. Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension. This harmonizing experience is a simple and effective way to let go of tensions, improve health, balance emotions, increase calmness and relaxation.

MELTING SENSATION CANDLE MASSAGE Ideal for couples (seductive /energizing /detoxing / relaxing)

55 minutes | 90€

Indulge your senses in a mystifying massage ritual that will entice your body and mind. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, releasing their intoxicating aromas. Feel the delicately scented warm drops touch your skin and envelop your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. A unique aromatherapy experience, relaxing & rejuvenating that promotes bliss, balance and well-being.

COCOON & REVITALIZE YOUR SENSES EXPERIENCE Polish and relax

55 minutes | 95€

Offer yourself a relaxing body experience while your skin is deeply nourished. The mesmerizing aromatic combination of Frankincense and Patchouli, imbued in the coconut body scrub will prepare your skin for the relaxing massage that follows. Karite butter, ideally used in the massage, moisturizes, and deeply nourishes the skin while the coconut butter that completes the ritual, will contribute to the skin's elasticity. Feel your body relaxed and pampered.

Kozeen Spa Signature Massage

55 minutes | €85

This rhythmic body massage was created to restore your balance and re-align energy flow. A choice of aromatic oils is available to address diverse individual needs and help you achieve enhanced mind and body wellness.

Mum to Be (Pregnancy)

60 minutes | €90

This nurturing and rhythmic pregnancy massage addresses mind and body to promote balance and wellness for both mother and baby. It enhances the function of muscles and joints, improves circulation and general body tone, and relieves mental and physical fatigue.

After sun Aloe Butter Massage

Replenish your thirsty body.

Back Neck 25 minutes | €50

Full Body 55 minutes | €85

This treatment is just what you need to hydrate and nourish your skin after sun exposure. This replenishing treatment will prolong your tan, prevent peeling and saturate your skin with a much needed moisture boost. The perfect treatment for anyone who has spent time in the sun and doesn't want the effects of sunburn.

Legs and Feet Massage

25 minutes | €50

A leg massage reduces tension and pain, heavy legs, releases energy blockage, generates flexibility in muscles, and improves muscular problems.

Face & Head Massage

25 minutes | €50

This head massage completely eliminates the heaviness you may be feeling. Stressed or just tired, a face and head massage together will give you positive results. Mild massage on specific parts of the head will take away all the negative energy accumulated and will act therapeutically against headaches, sinus or cold.

Kozeen Spa Massage Journeys

Therapeutic Massage

55 minutes | €85

Especially recommended for anyone suffering from aches, pains and stiffness, this full body massage will ease tense muscles and bring harmony to body and mind.

Deep Tissue Massage

55 minutes | €85

Re-charge your body and kick-start your circulation with this deep tissue massage. The powerful detoxifying essential oils of juniper, mint and lemon myrtle will help relieve muscle tension in specific areas of the body, either to release lactic acid build-up and muscle stiffness due to over-exertion in the gym, or to reduce fluid retention and improve poor circulation associated with cellulite conditions. An effective way to recondition your skin tone and feel free from aches and pains.

Back and Neck Massage

25 minutes | €50

55 minutes | €85

Ideal for those who require focused attention on the back, this massage is designed to release tension in the back, shoulders and neck. Using a fusion of different techniques, your therapist will customize the strokes to ensure that you leave feeling relaxed, supple and smooth.

Hot Stone Massage Smooth and soothing stress relief

60 minutes | €95

This is one of the most relaxing and soothing massage techniques, using heated, smooth lava stones and essential oils. The stones are placed on the body and used to massage specific points in order to ease muscle tension and soothe damaged soft tissue.

The process will relieve overall stress and anxiety, allowing you to rediscover inner tranquility and balanced energy flow.

Couples Romance

80 minutes | €195 includes: sparkling wine for two

Enjoy a 50 minute relaxing healing touch massage with hot oils followed by a 30 minute private romantic jacuzzi in our exclusive couples suite

The Traditional Royal Hammam

60 minutes (30 min Hammam + 30 min Massage) | €95

85 minutes (30 min Hammam + 55 min Massage) | €140

The royal roman times. This full body treatment allows the skin to breathe by way of thorough face and body exfoliation (kese) and the removal of dead cells from the skins surface.

This leads to increased blood flow, and leaves your skin feeling supple and refreshed. Following is a freshly scented and relaxing natural olive soap hot foam massage as well as a hair wash.

Your treatment completes to a full body hot oil massage.

Feel the roman times.

Add-ons: Chocolate mask/Milk and Honey mask

15 minutes | €25



Couple Experiences

LOVE AFFAIR

75 minutes | 240€

Spend time together and enjoy the truly unique experience of sharing time with your other half, as you both receive a pampering ritual perfect for couples. Take pleasure in a uniquely captivating experience of chocolate flavors, which combines the invigorating notes of mocha in a fine sugar crystal body scrub and an intoxicating, signature body mask with liquid chocolate extracts. Then, lay back and unwind while the heated solid waxes of candle massage slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. Feel the delicately scented warm drops touch your skin giving your whole body a velvet textured massage that will satisfy even the most demanding massage recipient.

WINE HARVEST A ritual for spa connoisseurs

90 minutes | 260€

Inspired by the vineyards of Greece, this exhilarating experience of relaxation and wellness, releases and calms, both body and mind. A lush deliverance of olive kernels, red grape and rose petals indulge the skin in a soft body scrub, while proprietary antioxidants and vitamins are composed in the nutritious mask that follows. Sparkling notes of bergamot and a mask of sun-soothing yogurt and honey are applied to immerse the skin in a bath of freshness and hydration. An aromatherapy massage with a warm candle grants total relaxation, completing this ultimate sensation. The alluring ritual ends with a refreshing glass of wine that brings a euphoric feeling, while also stimulating your senses.

Mini Rituals

URBAN ESCAPE-BACK MASSAGE TREATMENT

40 minutes | 60€

Delight yourself in a treatment that will allow your senses to escape from everyday routine. This treatment focuses on releasing all the tension from your back, neck and shoulders, while the luxurious chocolate and orange peel fragrance covers your skin and exhilarates your mind. The brown sugar, mocha scented, crystals gently buff away dry skin cells revealing a soft and smooth skin. The aromatic notes allow for the most supple and radiant look.

MOONLIGHT BODY WRAP Relaxing back ritual

25 minutes | 50€*

Offer your skin a treat with Serifos, our firming and deeply nourishing 24K gold and gemstone mask. Our signature Starflower oil that follows will hydrate your skin offering a unique, exotic, long lasting scent. It firms, tones and soothes the skin leaving it glowing and velvety.

* If applied as an add on to any other treatment, the cost will be 35€

SOOTHE MY SOUL BODY WRAP

25 minutes | 50€*

Lavender together with multi beneficial yoghurt and Waterlily Gel, lush in the aroma of freshly cut watermelon, combined to soothe the body and soul. These relaxing aromas will travel your soul and senses to your childhood summer memories, while yoghurt mixed with aloe vera will soothe and relieve the skin offering the pampering it needs.

* If applied as an add on to any other treatment, the cost will be 35€

GREEK ISLANDS BODY WRAP

25 minutes | 50€*

Combining honey and red grapes, the gifts of Greek nature, we promise to offer you a journey to the Greek islands. The rich Cretan body mask, containing a refreshing cocktail rich in organic honey, will contribute to the hydration, regeneration and tightening of the skin. The Red Grape body gel will lock in hydration while offering its antioxidant properties to the skin.

* If applied as an add on to any other treatment, the cost will be 35€

MULTI VITAMIN BODY WRAP

25 minutes | 50€*

The invigorating multi vitamin Corfu mask offers the skin antioxidants, vitamins and protection while nourishing the skin in depth. The coconut body butter that completes the treatment enhances the mask's effect leaving the skin soft and supple.

* If applied as an add on to any other treatment, the cost will be 35€

Scrubs

SECRET PARADISE

25 minutes | 50€*

This gentle full-body polish smooths the skin, using our fresh coconut pulp exfoliating scrub blended with emollient nourishing oils and vitamins. These powerful antioxidants are absorbed into the skin, helping to slow cellular aging. Afterwards, a sweet coconut body butter massage leaves the skin deeply hydrated.

* If applied as an add on to any other treatment, the cost will be 35€

WHITE ROSE PETALS

25 minutes | 50€*

Allow the fine crystals of the body scrub to slough off any rough skin, while subtly scenting your body with the delicate aromas of roses. Following, indulge your skin in the lush, earthy aromas of jasmine and gardenia composed in the nourishing body butter and feel your skin acquire a silky touch.

* If applied as an add on to any other treatment, the cost will be 35€

VANILLA MOCHA

25 minutes | 50€*

This exceptional skin softening body exfoliation, gently smooths and polishes your skin to a velvet touch. Mocha and brown sugar granules help exfoliate and refine your skin. A rich vanilla and chocolate butter cream is applied for a luxurious finish. Perfect as an individual treatment, or in preparation for a body massage.

* If applied as an add on to any other treatment, the cost will be 35€

ONE MILLION NIGHTS

25 minutes | 50€*

A bundle of exotic flowers, in which Iris is the star, unfolds with this luxurious body scrub. Let your body unwind while your senses travel in the

most exotic garden, on a perfect summer night. One million body scrub gently exfoliates the skin, offering the softest feel, preparing the body

for the exceptionally beneficial properties of our velvet, deeply nourishing One Million Nights body butter.

* If applied as an add on to any other treatment, the cost will be 35€

Journey Package Offers

Journey 1

1 hour 40 minutes ~~€185~~ | €160

- full body scrub
- mini Phos facial
- mastic full body massage

Journey 2

~~€280~~ | €245

Greek earth signature combo

* these treatments can be booked on different dates

- melissia | 55min.
- oleo breeze | 70min.
- nostalgia or mastic | 55min.

Journey 3

2 hours 30 minutes ~~€275~~ | €240

- traditional hammam
- hot stone massage
- Meli - Vital facial

Journey 4

~~€255~~ | €220

- any choice of 3 massages (55min. €85 each)
- this offer is per person

Journey 5

2 hours 10 minutes ~~€205~~ | €175

Greek goddess

- Athina
- Phos-luminous Radiant facial

Hands & Feet

Hand Treatments

Spa Manicure

A full manicure treatment including exfoliation, nourishing hand mask and a soothing hand massage, followed by an application of nail varnish of your choice.



Duration: 35 minutes | **€35**

Foot Treatments

Spa Pedicure

A full pedicure treatment to soothe your tired feet, including exfoliation, foot mask and a relaxing foot massage, followed by an application of nail varnish of your choice.



Duration: 45 minutes | **€45**

Re-shape & polish

Duration: 20 minutes | **€20**

Shellac manicure - French manicure

+ €15

Shellac removal

| €20

Epilation (Waxing)

Full-leg	€30
Full-leg & bikini line	€40
Half-leg	€20
Bikini line	€12
Upper lip & chin	€12
Back	€20
Underarm	€10
Chest	€25
Half-arm	€15
Full-arm	€20
Eyebrow shaping (waxing or tweezers)	€12

Hair Services | Make-up

at available spas

Kozeen Spa Etiquette

For the comfort, safety and undisturbed relaxation of all our guests, please respect the following guidelines at all times:

General guidelines

- Kozeen Spas & facilities are open to persons aged 16 and over.
- Upon arrival and prior to using the facilities, all guests will be required to complete and sign a health & lifestyle questionnaire.
- Kozeen Spas and its environs are strictly NO SMOKING areas.
- To maximize the benefits of your Kozeen Spas experience, mobile phones are not allowed in the spa areas. Please leave them switched off in your locker.
- Please leave all valuables in your locker. Kozeen Spas is not liable for loss of or damage to a guest's personal belongings.
- Please conduct all conversations at levels consistent with a relaxing spa environment.
- Shower towels and bathrobes are placed in your lockers. Please do not take shower towels and bathrobes outside.
- Always shower before using pool facilities and between sauna and steam rooms. Robe and slippers should be worn in all spa areas.
- Swimwear is compulsory in the steam, sauna and pool areas.
- A towel should always be placed on sauna and steam room benches between your body and the bench.
- In the gym and fitness area, comfortable sportswear is recommended and appropriate footwear is required.
- Please do not leave toiletries in showers or wet vanity areas.
- Shaving is permitted in the men's changing rooms. However, please ensure that wet vanity areas are left clean. Shaving in the saunas and steam rooms is strictly forbidden. Please do not use the waste bins for the disposal of razors.
- Please do not add oils or other products to the sauna bucket water without first speaking to a member of staff.
- Ensure that you drink plenty of fluids to re-hydrate after using the sauna and steam rooms.
- Please place all used towels in the baskets provided.
- Food & beverages are not permitted in the spa & fitness areas for consumption during your visit. Refreshments are available from the health bar.
- If you have a gift voucher, please remember to bring this with you and hand it to our reception staff upon arrival.
- All facilities are subject to availability.

If you have booked a spa treatment

- Please arrive in good time to enjoy the facilities and ensure that you are ready to be escorted by your therapist at the allocated time. LATE ARRIVAL WILL RESULT IN A SHORTENED OR AMENDED TREATMENT BEING OFFERED WITHOUT REFUND.
- Underwear or suitable swimwear should be worn in the treatment room and during treatments. For some treatments your therapist will provide disposable undergarments, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are uncomfortable, too warm or too cold, or if her pressure is too light or too firm. Your comfort and care are our greatest concern and priority.
- If you have a particular injury or physical condition, please advise your therapist. Appropriate adjustments to the treatment will be made for your comfort and enhanced benefit.

- There is no pressure to talk during a treatment. If you have any questions or would like to talk, feel free to do so. If you prefer silence, that is entirely up to you. Our therapists will take their cue from you.

Cancellation Policy

Please note that 24 hours' cancellation notice is required for all bookings and services, otherwise 50% of the total treatment price will be charged. Credit card details may be required in order to confirm a booking.

We hope you will enjoy this interlude of pampering and relaxation.
Your comments are always welcome.



